MONACHORUM MATTERS Issue 53, October 2023



The newsletter for Zeal Monachorum and St Peter's Parish



Flower exhibits at the Autumn Show. Picture by David Bowyer, more pictures on Pages 4 & 5

EDITORIAL

Just before going to print this month the sad news broke that Ken Down had passed away. Ken had lived in the village all his life. Tony Brealy, who has known Ken for most of his life, recalls that they were at school at the same time, though in different years, and they were near neighbours for close on 50 years when Tony lived in Western Road. He remembers taking Ken, aged 12, to his first football match in Exeter, thereby nurturing a life-long love of the sport.

Ken was always very involved in village life. He was a Parish Councillor for many years, serving two terms. He was also a Church Warden and the Captain of the Bell-Ringing team, though he had been unable to ring recently; he last rang on 2 July. He could often be seen carrying out repairs or maintenance around the church. Indeed, he did all he could to ensure that the village gave a good impression to any passing visitors. He was also a member of the Village Hall Committee for many years, serving as chairman until November 2022. He was a passionate advocate of the need for a new Village Hall.

Ken was a farmer through and through – the way he cared for his animals and his farm was legendary, ably assisted by his wife Margaret. He regularly contributed items on farming to the newsletter under the banner 'Farming from the Hedge'. Our thoughts and condolences go to Margaret and the family. He will be much missed.

DEADLINE FOR NOVEMBER ISSUE: 8 OCTOBER

Our newsletter is printed by Burridge Printers of North Tawton



COMMUNITY NEWS VILLAGE EVENTS IN SEPTEMBER

Fri 29 Sep	Mobile Library, 1.10 - 1.40pm at Waie Cross.
Wed 4 Oct	Coffee morning at Village Hall, 10.30 - 12.00. All welcome
Wed 4 Oct	WI, 7.15 for 7.30 pm at Village Hall, see page 6
Sat 7 Oct	Village Hall Harvest Supper & "Not a Normal Quiz", 6.30 for

it / Oct	village nall narvest Supper &	Not a Normai Quiz, 0.3
	7pm for details see page 5	

Mon 9 Oct	Village	Walk.	2pm	at the	bus stop.

Wed 11 Oct	Bingo, Village Hall doors op	pen 7pm, starts 7.30 p	m, entry £5
1104 11 000	Binge, image man accis of	5011 / p1111, 5001 05 / 150 p.	111, 01101 5 22

Sat 14 Oct	Market	10 11 30am	at Village Hall.
Sat 14 Oct	market,	10 - 11.30aiii	at village Hall.

Village Hall talk by Lucy Browns on the History of Bow Manor.

Members £15 per year, visitors £4 per evening.

Fri 27 Oct Mobile Library, 1.10 - 1.40pm at Waie Cross

Advance Notice:

Mon 20 Nov Village Hall AGM, 7.30pm; archive exhibition, wine & cheese,

all welcome.

RAINFALL

Rainfall for August was 75 mm, 3 inches in 'old money'!

RURAL CRIME

South West Police & Crime Commissioners have launched a survey to explore how

crime is affecting rural communities. Have your say - the survey can be completed at: https://www.survey-monkey.co.uk/r/RuralDC

FORTHCOMING TALK

Dr. Todd Gray will present an evening talk in the Victory Hall at Lapford on Friday 3rd November 2023 to raise funds for Lapford Village Archive.

Caroline.

tel. 01363 83863



VILLAGE HALL NEWS

AUTUMN SHOW

Thanks to the thirty-seven exhibitors, many of whom had never exhibited before, who made the Village Hall look absolutely beautiful with 199 entries covering fruit, vegetables, flowers, home-craft and a children's section. Thanks also to the many, people who turned out to see them; without the spectators it would be meaningless. Contributions through the auction, draw, refreshments and entrance money raised the princely sum of £179, this goes towards the day to day running and maintenance of the Hall. It makes the volunteer Trustees' efforts feel worthwhile.

Thanks also to all the committee members who worked so hard to ensure the show was a success: Margaret Harris, Martyn & Sue Down, Sally Rowden, Simon Allanson-Bailey, Erica Eden and David Bowyer who took the beautiful photographs shown here.













SHOW RESULTS

Section 1 Vegetables

1st Jeff Harris 2nd Margaret Harris Joint 3rd Sue Down, Becky Ringrose Best in Vegetable Section: Jeff Harris

Potatoes in a bucket

1st Jan Brealy 4lb 4oz 2nd Rob Peck 3lb 10 oz 3rd Sue Down 3lb 7oz

Children's Section

Rosettes for Reggie & Archie Ringrose

Section 2 Flowers

1st Sally Rowden 2nd Susan Taheri 3rd Sue Down

Best in Flower Section: Sally Rowden

Section 3 Homecraft

1st Margaret Harris 2nd Erica Eden 3rd Jean Peck

Best in Homecaft Section: Julia Barnes (Pic 1, top left)

FORTHCOMING EVENTS

Saturday 7th October Village Hall Harvest Supper, 6.30 for 7pm Tickets £10, reduced to £9 if booked and paid for by Monday 2nd October, bookings Jan Summers 01363 82571, jansummerszm@gmail.com. Donations welcomed for Crediton Foodbank.

MENU: Hotpot, dessert, tea/coffee, tell us when you book of any special food requirements. Wine & cider available for a donation to the Hall.

ENTERTAINMENT: 'NOT a normal quiz', Can you tell the truth from the lie? You've a 50% chance of being right! Or indeed wrong! Plus a surprise challenge.

Sat 11 Nov 10-11.30am. Why not clear out old toys, games and puzzles to make room for Christmas and book a table to sell them at the village market.

OCTOBER QUIZ

There is a food flavour to each of the questions or answers this month.

- 1. What kind of food is a chanterelle?
- 2. Which leaves do Koalas traditionally eat?
- 3. Which alcoholic drink is made from molasses?
- 4. What or where is Port Salut?
- 5. What is the most common rice used to make a traditional risotto?
- 6. From which country does the cold soup Gazpacho originate?
- 7. What is the first name of British explorer Captain Cook?
- 8. What type of food is Gnocchi?
- 9. Vanilla comes from which flower?
- 10. What is the capital city of Chile?
- 11. What is the connective tissue called that fills cavities in our bones?
- 12. What is the main ingredient in Bouillabaisse?
- 13. What is HMS Pickle famous for?
- 14. In the card game Happy Families, what is the surname of the bakers?
- 15. What was the food combination that the eleventh Doctor found he liked in Doctor Who?

Answers on Page 13

ZEAL MONACHORUM W.I.

Former villager Colin Andrews was our speaker for the September meeting. His knowledge regarding Morris Dancing was incredible. We learnt of its inception hundreds of years ago and how women were only welcomed into this in the 20th century. He entertained us with his musical talent using various instruments.

A discussion took place about our hosting of the Red Earth Group Meeting in October; this is where all institutes within that group meet twice a year. There will be supper, a speaker and a competition. It all adds up to making new friends within a larger group.

Next month, on 4 October, Dr. Paul Cleave will speak on cooking and recipes during WWII. In November we will meet at the Waie Inn for a friendly game of skittles. I am delighted that we have received three new visitors and it is hoped they will swell our ranks in the near future. Our sub-committee who dealt with our entry for the Okehampton Show were rewarded by coming joint 2nd - something to add to our archives.

Jan Brealy, President





SOLICITORS

SPECIALISING IN:

- Agricultural Law
- Family Law Employment
- Conveyancing
- · Civil Litigation
- Business Law



Contact Us Today To Find Out More: 01363 775566 / law@gilbertstephens.co.uk





ST PETER'S CHURCH

When you receive this copy, summer will have almost come to an end, the daylight is getting shorter, the darker evenings mean less time outdoors in the garden. It appears that just as schools begin the autumn term the warm, dry sunny weather arrives.

Rotas for October

October 1 at 10.00am Old Testament Gospel	Trinity 17 (lay led) Ezekiel 18: 1-2, 25-32 Matthew 21: 23-32 Sidesman Flowers 1 st Cleaner	Family Service Mr Tony Brealy Miss Lynn Warren Mr Colin Crothers Miss Lynn Warren Miss Margaret Harris
October 8 at 6.30pm Old Testament New Testament Gospel	Trinity 18 Isaiah 5: 1-7 Philippians 3: 4-14 Matthew 21: 33-46 Sidesman Flowers 8th & 15th	CWE Mr Robert Peck Mr Graham Rounsley Rev R. Gordon Mr Tony Brealy Mrs Sally Rowden
October 22 at 3.00pm Old Testament New Testament	Trinity 20 Isaiah 45: 1-7 Matthew 22: 15-22 Sidesman Flowers 22 nd & 29 th	Mrs Jane Hogg Mrs Becky Harvey Mr Tony Brealy Mrs Marian Quick

October 29 at 10.00am Mission Community Eucharist at Coldridge

You will note in the service rotas that we are again holding our fourth Sunday service of each month during the winter at 3.00pm. Tea and cake will be served after the service for all to share in fellowship.

From the registers Burial on Wednesday, 13 September Kenneth Down aged 79.

Advance notice. On Saturday 2 December from 2.00 – 4-00pm St Peter's is holding its Advent Fayre. Please make a note in your diary, your support will be much appreciated. More details next month

Zeal Monachorum Bell ringing competition results: 1st Down St Mary, 20 ¼ faults; 2nd Kingsteignton, 29; 3rd Bow 38 ¾; 4th Sampford Courtenay, 46 ½; 5th East Anstey 47 ½; 6th Broadhempston, 55 ¼; 7th Drewsteignton 77 ¼; 8th Alphington, 91 ¾; 9th Tiverton St Paul 97 ½; 10th Bovey Tracey

The judges were Reed Partridge and Paul Wright. Thank you to everyone involved in making the afternoon a success. In the absence of the tower captain, Linda Steer from Bow and Gavin Rowden organised the teams and sold raffle tickets at the church, Margaret Harris, Hannah Brown, and Valerie Pennington served teas throughout the afternoon. Mr James Steer conducted the prize giving.

Margaret (Churchwarden)

ZEAL PHOTOGRAPHIC CLUB

At some point in the early summer of 2022, I popped around to Michael Russell's cottage on a) the pretext of enjoying some wine and then b) we ended up discussing the formation of a photographic club in Zeal Monachorum. Or was it the other way around, I can't remember! Anyway, Michael was aware of some individuals who wanted to improve their photography and thought that we should form a small group in Zeal. There were not enough people to justify a formal club, or hiring the village hall; meetings have had to be held in a private house, usually on the second Monday of each month.

On the first meeting, everyone was asked what they wanted to do. A basic list emerged and we started off on composition, exploring the work of some famous photographers. We looked at examples from Ansel Adams and Fay Godwin on landscape, Bill Brandt and Henri Cartier-Bresson on people, plus the humorous approach of Elliot Erwhitt, amongst others. Next, we considered exposure, looking at pictures submitted on the web that had their settings included; there was discussion on framing, choice of venue, what makes a good image, the importance of using RAW capture, or what the camera sensor records in machine language. On the black art of post-production —AKA how to lie about the image—various apps such as Lightroom, Photoshop, DarkTable and GIMP were covered [both the latter are free]; all handle RAW processing, but are a pain to learn, though results always make the effort worthwhile.

On 14 June we had our first field trip to Hartland Quay for a scenic sunset that eventually happened at 9.25 pm, after which we retired to the Wrecker's Retreat. The emphasis has always been on making an image enjoyable. On 11 August we headed out to Combestone Tor on another field trip and then for dinner in the Forest Inn.

We are planning to go to an exhibition given by Chris Chapman, a well-known local photographer. We were also tasked with producing images of identifiable scenes in and around Zeal Monachorum for the Fishing Club 224 calendar, which has now been completed (See Page 17). If you would like to contact us, please leave a text on 07707 554313 or 07850 142544.

Mike Bostock

EDITOR'S NOTE: We are always happy to include photographs of events or scenes in the newsletter. Sometimes, when the amount of content is high there may be a delay to including offerings from our readers related to a particular event or season, but we always include them when we can.



A local trusted family firm offering friendly, impartial advice on your stairlift or lift requirements - enabling you to stay in the home you love

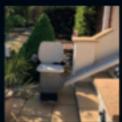


01363

776486

Website: www.dolphindevon.co.uk Email: info@dolphindevon.co.uk











Lords Meadow Industrial Estate, Crediton, EX17 1EU



Looking after all your payroll needs

A locally based business providing a professional tailored payroll services at a competitive price

> Contact Jackie 01363 82820 07779 613399

Jackie@thepayrollpractice.co.uk

Bow Garden & Aquatic Centre



Visit Santa in his... Magical Winter Wonderland Grotto Book Online Now



Everything for Fish-Keepers Too!

Open Mon - Sat 9-5:30pm Sunday 10-4:30pm 01363 82438 www.bowgardencentre.co.uk EX17 6LA

October Garden Advice from Bow Garden Centre

- 1. Cut back perennials that have gone over, this will help them to flourish next Spring.
- 2. Rake up fallen Autumn leaves and collect them to turn them into leaf mould.
- 3. Be prepared for the first frost and bring tender plants into your greenhouse, protecting others with fleece and frost jackets.
- 4. If you haven't already, now is a great time to invest in a compost tumbler or compost bin left over harvest, leaves and cuttings will get your compost off to a fantastic start!
- 5. Divide herbaceous perennials to multiply your plants and encourage healthy growth next year.
- **6.** Plant up seasonal bedding plants for a display of stunning colour, available in store now.
- 7. Plant Spring flowering bulbs now if you haven't already it's not too late! Bow have a range of bulbs and planting aids to help make this job a breeze. Don't forget to cover ground bulbs with bark mulch to protect against frost.
- 8. Use Autumn feed to treat and help protect your lawn against moss. It's also your last chance to mow the lawn before Winter sets in. Cut the lawn slightly higher than in Summer to help protect against frost. It's also a good time to trim hedges.
- **9.** Protect garden furniture, BBQs, chimineas and water features with covers. A wide selection of covers are in store now.
- 10. Harvest any remaining fruit you have before it perishes. Use Kilner Jars to make jams and chutneys to enjoy throughout the year.

Bow Garden & Aquatic Centre is a great place for all your garden essentials, including an expanded range of Devongrown plants. Also, plenty of bulbs, seeds, gardening tools, garden buildings and everything you need for gardening, plus fish and pet supplies, an award-winning Waterside Cafe, and Post Office services. www.bowgardencentre.co.uk, 01363 82438.



BOURNE CARPENTRY & JOINERY

GENERAL BUILDING

07773 011155

- Traditional Bespoke Joinery Tilling
- · Windows, Doors, Stairs, Kitchens & Wardrobes
- Traditional & Modern
- Painting & Decorating
- . Listed Buildings
- · Plastering Lime Plastering
- · Roofing



Genuine free range eggs at:

SERSTONE FARM

Come and collect. or call: 01363 82366











Jonathan Wood Veterinary Surgeons.

Mixed animal veterinary practice, with our heart in the community. We treat your animals as we would our own. RCVS practice standards accredited Cat Friendly accredited clinic

> www.jwoodvet.co.uk hospital@jwoodvet.co.uk 01363 772319

24hr emergency service









CREDITON FOODBANK

As I write this, ten days into the first month of Autumn, the many trees in my garden at the moment remain very green. I am looking forward to watching the gradually changing colours, and then suddenly it seems to blaze into gold, bronze, reds and yellows. Then, as in past years, we can get high winds and the leaves fall and create a dazzling carpet of colour.

In these difficult times of rising costs and whatever other problems we may have, I hope those sudden visions of beauty can lift our spirits and enable us to take a moment to stand and stare. How lucky we are to be living in the midst of all that surrounds us, and perhaps forget for a while the troubles we may be facing.

As there wasn't a Village Market in August, I was unable to put the Pink Box out for those who would normally donate. I can however report that there was a delivery every single week to the Foodbank. So, I thank those who left food on my doorstep, even a full bag was left at the Church gate. Thank you to those who donated money which amounted to £30. I have a weekly pick up of amazing generosity which never fails to astound the volunteers.

I have said in the past it is not about how much we donate but that we donate. Every single tin will bless someone. Do you know what a wonderful thing it is when someone stops me to give because they once were in that position and had never dreamed it would happen to them. So yes, there is an end. May God Bless you each and every one from Christians working together in our area of Crediton.

Answers to Quiz on Page 6

- 1. A mushroom
- 2. Eucalyptus leaves
- 3. Rum
- 4. A French cheese
- 5. Arborio rice
- 6. Spain
- 7. James
- 8. Potato dumplings

- 9. The orchid
- 10. Santiago
- 11. Marrow
- 12. Fish
- 13. First ship to bring to Great Britain news of Nelson's victory
- 14. Bun
- 15. Fish Fingers and Custard

A quotation that will be meaningful to all computer users...

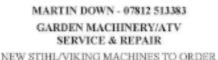
To err is human, but to really foul things up requires a computer.

Farmers' Almanac, 1978











COLLECTION AND DELIVERY SERVICE AVAILABLE



2 Churchill Gardens, Zeal Monachorum, Devon, EX17 6E

TEL: 0779046 5017

Email:info@spencescaffolding.co.uk www.spencescaffolding.co.uk





SIMON NUTHALL

TREE, HEDGE & FENCING SERVICES

Tel: 01363 866355

Mob: 07980 592266

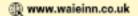
Email: simonnuthall@gmail.com

14 zmon news We don't have a book review this month, but we do have this delightful poem by David McCord called 'Books fall open'

Books fall open, you fall in, Delighted where you've never been; Hear voices not once heard before, Reach world on world through door on door; Find unexpected keys to things Locked up beyond imaginings. What might you be, perhaps become, Because one book is somewhere? Some wise delver into wisdom, wit, And wherewithal has written it. True books will venture, dare you out, Whisper secrets, maybe shout Across the gloom to you in need Who hanker for a book to read.



THE WAIE INN



C 01363 82348

info@waieinn.co.uk

 Zeal Monachorum, Crediton, Devon, EX17 6DF

Brunch: 9am - 12pm Full Menu: 12pm - 9pm (8pm on Sundays)

Indoor & outdoor seating available (indoor table reservations to be made in advance where possible)

- Our Swimming Pool is available for family & bubble sessions at £30 per hour. Please call us to book.
- Waie 2 Play is open for advance bookings please visit our website.
- Our skittle alleys, squash courts and pool & snooker tables are available to use. Please call us to hire our Multi Sports Hall.



I'm Philip of PGlive

I'm a solo guitarist with my own backing and singing harmonies. I play well-known songs at events including weddings, parties, dances, and outdoor events. I cover a wide range of music including The Eagles, Coldplay, Ed Sheeran, Queen, Elvis Presley, Elton John, John Denver, Van Morrison, Roy Orbison, George Ezra, The Beatles, plenty of country hits and old-time ballroom music.

For your next event contact me on:
07456 618 348
pagreen272@gmail.com
www.pqlivemusic.co.uk

FISHING CLUB CHAT

Hi All

After our break-in and vandalism, we are in the process of having solar cameras installed at the lake, at considerable cost. It is a shame that we have had to take these steps, as we are only trying to provide a wildlife facility for all. A big thank you to Adam Huntington-Whiteley who is helping us with the installation. We will be repairing the doors to the clubhouse with metal to deter further break-ins.

Our fishing club calendar is now ready and available. This year the pictures have been taken by members of the Zeal Photographic Group and profits will be divided between the fishing club and The Fishermens' Mission, who look after retired and ill ex-trawlermen and their families. We have had to increase the price of the calendar this year to £8, due to a rise in paper costs. Please ring either Ken or Jane on 01363 82400 or 07749329832. Good fishing.

Tight lines

Ken and Jane

Why not advertise your business in

Monachorum Matters?

For details and prices contact:

Ken Hogg,

07749 329832





SELF CATERING HOLIDAY ACCOMMODATION

IN ZEAL MONACHORUM

Perfect for when family and friends come to visit

See link to view accommodation https://www.airbnb.co.uk/users/show/156950558 or email for details zmstays@gmail.com

KELLAND DAIRY

Fresh, whole pasteurised and unhomogenised milk delivered to your doorstep.

Twice weekly refill into your own containers.

NO SINGLE USE PLASTIC

£1.45 per litre

Phone or email to enquire about setting up an account: 01363 779134, milk@kellanddairy.co.uk

Check our website: www.kellanddairy.co.uk



ZEAL MONACHORUM VILLAGE HALL

Available for private hire Competitive rates for residents of Zeal Monachorum.

(NOTE: minimum hire period applies)
Also available for hire:

Tables, chairs, crockery and cutlery. Contact Secretary Jan Summers for rates and availability, 01363 82571, email: jansummerszm@gmail.com

C. J. Steer & Son Ltd

Independent Funeral Director

Est 1969

24 Hour Service All Facilities

Tel: 01363 82414 Mobile: 07785540248

Homefield Station Road, Bow

CONTACTS

Local Parish Council: Chairman: Rob Peck. Tel. 01363 82366,

email:robpeck366@gmail.com

Village Hall: Chair: Erica Eden. Tel. 01363 82606

Secretary & bookings Jan Summers. Tel. 01363 82571

Mid Devon Natalia Letch, email: natalia.letch@gmail.com Councillors Stuart Penny, email: stuartpenny765@gmail.com

County Councillor: Margaret Squires, Tel 01363 84337

email: margaret.squires@devon.gov.uk

Parliament: Mel Stride MP. Tel. 01392 823 306

Email: mel.stride.mp@parliament.uk

Newsletter Editor: Jan Summers. Email: <u>zmon.news@gmail.com</u>

Details of some nearest services

Post Office: Bow Aquatic Centre, Bow, Crediton.EX17 6LA

Tel. 01363 82438. Email: info@bowgardencentre.co.uk

Library: Belle Parade, Crediton. EX17 2AA Tel. 01363 772 578

Closed Weds

Primary schools: Bow: Station Rd, Bow, Crediton. EX17 6HU

Tel. 01363 82319

Lapford: Eastington Road, Lapford, Crediton.

EX17 6QE Tel. 01363 83292

Secondary school: Queen Elizabeth's School, Western Road, Crediton

EX17 3LU. Tel. 01363 773 401

District Council: Mid Devon DC, Phoenix House, Phoenix Lane,

Tiverton. EX17 6PP

www.middevon.gov.uk Tel. 01884 255 255 Email: customerfirst@middevon.gov.uk

Waste & recycling: www.middevon.gov.uk/

residents/recycling-rubbish

County Council: Devon CC, County Hall, Topsham Road, Exeter EX2

4QD. Tel. 0345 155 1015 [general enquiries]

Email: <u>customer@devon.gov.uk</u> Care Direct: Tel. 0345 115 100

Highways: Tel. 0345 155 1004

Hospiscare: Tel. 01392 688000 for services and support

Local shop: 129 High Street, Crediton; 01363 774836

Devon Voluntary Action: www.devonva.org Tel. 01404 544 045

Defibrillators: these are located on the West wall of the Village Hall (nearest to

Churchill Gardens) and at the Waie Inn

